

“Parkour for Littles” at Charlotte Community Library

<u>Date</u>	<u>Book #1</u>	<u>Activity</u>	<u>Book #2</u>
January 16, 2026	<i>Move Over, Rover</i> by Karen Beaumont	“Doggy, Doggy, Where’s Your Bone?”	<i>When I Move</i> by Carol Boston Weatherford
January 23, 2026	<i>Fox and the Jumping Contest</i> by Corey Tabor	“Bounce Teddy Bounce” with parachute and stuffed bears	<i>A Hippy-Hoppy Toad</i> by Peggy Archer & Anne Wilsdorf
January 30, 2026	<i>Zin! Zin! Zin! A Violin</i> by Lloyd Moss	“Shake Your Maraca” by Little Groove	<i>Play This Book</i> by Jessica Young and Daniel Wiseman
February 6, 2026	<i>Otters Love to Play</i> by Jonathan London	Animal movement cards	<i>How to be a Cat</i> by Nikki McClure
February 13, 2026	<i>Bigfoot’s Big Heart</i> by Sarah Glenn Marsh	“Skidamarink” by The Kiboomers (tons of other versions!)	<i>Click, Clack, Moo I Love You!</i> by Doreen Cronin
February 20, 2026	<i>Fox and the Bike Ride</i> by Corey Tabor	“I’m Riding on my Bicycle” with stretchy band	<i>Shh! We Have a Plan</i> by Chris Haughton

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September 12, 2025	<i>Don't Copy Me!</i> by Jonathan Allen	Simon Says	<i>Simon and the Better Bone</i> by Corey Tabor
September 19, 2025	<i>Mix It Up!</i> by Henre Tullet	Uno movement game	<i>Lemons Are Not Red</i> by Laura Vaccaro Seeger
September 26, 2025	<i>Ballewienna</i> by Rebecca Bender	Free dance with scarves to classical music	<i>Tap! Tap! Tap!</i> by Henre Tullet
October 3, 2025	<i>The Cow Who Clucked</i> by Denise Fleming	Animal Freeze Dance Song	<i>Who Am I?</i> by Steve Jenkins and Robin Page
October 10, 2025	<i>Natterjack Toad Makes a Mighty Crunch</i> by Sean Taylor	“Popcorn” by Tessarose with parachute and balls	<i>Pickles to Pittsburgh</i> by Judi Barrett
October 17, 2025	<i>The Zombees</i> by Justin Colon	“The Ghosts Go Flying” by Wee Sing	<i>Chicka Chicka Tricka Treat</i> by Julien Chung

Parkour Equipment:

Plastic ladder

Plastic stepping stones

Half-sphere stepping stones

Hula hoops

Cones

Hurdles

Yoga ball

Balance beam

Balance ball

Tunnel

Hop-Along ball

Peanut (Yoga) ball

Textured stepping stones

Pool noodles

Parachute

Stretchy band

Scarves