

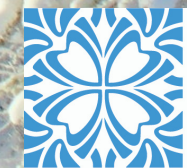
NATURE BOOKS

- *The Comfort Crisis* by Michael Easter
- *Adventuring Together* by Greta Eskridge
- *MicroAdventures* by Alastair Humphries
- *The Open Air Life* by Linda Akeson McGurk
- *The Law's Guide to Nature Drawing and Journaling* by John Muir Laws
- *Outdoor Kids in an Inside World* by Steven Rinella
- *How to Raise a Wild Child: The Art and Science of Falling in Love with Nature* by Scott D. Sampson
- *1,000 Hours Outside* book series by Ginny Yurich

"EVERYTHING
IN NATURE
INVITES US
CONSTANTLY
TO BE WHAT
WE ARE."

-GRETEL
EHRlich

1,000 HOURS
OUTSIDE



GROSSE
POINTE
PUBLIC
LIBRARY

LET'S GET OUT THERE!

1000 Hours Outside, founded by Ginny Yurich, is a global movement encouraging people of all ages to try to match the average amount of screen time with green time!

FOR MORE, VISIT
1000HOURSOUTSIDE.COM

TOP 10 PLACES TO EXPLORE

- Your own backyard!
- E & E Ford House / Bird Island
- Belle Isle Park
- Valade Park / Detroit Riverwalk
- Carpenter Lake Nature Preserve in Southfield
- Innovation Hills in Rochester
- Red Oaks Nature Center in Madison Heights
- Lake St Clair Metropark
- Howell Nature Center
- Kensington Metropark

GET OUTDOORS WITH THE LIBRARY EVERY MONTH OF 2023!

Wild Wednesdays:

Outdoor storytimes, nature games, scavenger hunts and more!

Monthly Evening Walks:

Join us for 1,000 Hours Evening walks each month

Back by Popular Demand!

Throughout the year, we'll be returning to a few fun outdoor activities like our popular Mud Day, releasing butterflies, and LOTS of nature crafts!

To learn more about our 1,000 Hours programs, visit our online calendar or come in!